MOTHER TERESA PUBLIC SCHOOL

HONGASANDRA , BANGALORE -560068

LESSON BASED STUDY MATERIAL / ASSESSMENT (LBA - 2026- 2027)

CLASS: 4

SUBJECT : EVS

PART 2

Ref : DEPARTMENT OF STATE RESEARCH & TRAINING CENTRE

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Lesson - 13
Our Body-A Wonderful Machine

I The Hard words

1. Lungs
2. Circulation
3. Oxygen
4. Respiration
5. Heart
6. Stethoscope
7. Digestion
8. Intestine
9. Excretion
10. Kidney

II Choose the Correct Answer.

1. The number of Sense Organ in Our body is __
a) 3 b) 5 c) 2 d) 6
Ans :- b)5

2) what is the function of the Skin __
a) To Smell b) To Feel hot and cold
c) To taste d) To hear
Ans :-b) To Feel hot and cold

3) Which Organ helps us to See ? _
a) Nose b) Eyes
c) Ears d) Tongue
Ans:- b) Eyes

4) Through which Organ do we take in air
a) Skin b) Tongue
c) Nose d) Mouth

5) which organ pumps blood to all parts
of Our body ?
a) Lungs b) Stomach
c) Kidneys d) Heart

III Fill in the Blanks.

1. The process of taking in Oxygen and releasing Carbon dioxide is Called **respiration**
2. Digestion State starts in the **Mouth**
3. Undigested food is passed out of the body through the **Anus**
4.There are **206** bones and more than **600** joints
5. We have **2(Two)** Kidneys in Our body

IV State True or False

1. The Skin Covers and protects the entire body. (True)
2. We use Our tongue to hear Sounds (False)
3. The large intestine Completely digests our food (False)
4. It is good to eat food very quickly without Chewing properly (False)
5. A Stethoscope is used to test eye vision (False)

V Match the following

1) Ears	Sensing heat, cold ②
2) Skin	Remove undigested waste ⑤
3) Heart	Hearing Sound ①
4) Kidney	pumps blood ③
5) Large Intestine	Filters blood ④

VI Answer the following

1. why is Our human body called a "wonderful machine" ?
Ans Our human body is Called a wonderful machine because it performs respiration, blood Circulation, digestion and Excretion

2. why is Oxygen important to our body?
Ans Oxygen is essential for the respiration of living beings

3) Explain the functions of the heart ?
Ans The heart pumps blood, Supplying Oxygen and nutrients to all parts of the body. its function is Crucial for health

4) what is digestion ?
Ans The process by which the food gets digested and reaches the blood is Called digestion

5) How is food digested inside the Stomach

- Ans :- The chewed food reaches the Stomach through the food pipe
- food in the Stomach gets digested to Some Extent and remains there for 3 to 4 hours.
- Then this food reaches the Small intestine and gets digested further
- The digested food reaches blood through Small intestine and reaches all parts of the body
- The undigested food reaches larger intestine and moves out of the body through anus in the form of faeces

Lesson - 2
Traffic Rules

I Multiple Choice Questions

1. On which side of the road should we Walk?
a) Right b) Left c) left and Right d) Anywhere
Ans:- b)Left

2)How many colors are there in a traffic Signal light?
a) 5 b) 3 c) 2 d) 4
Ans:- b)3

3) What does the Red light Signal indicate?
a) Stop b) Get ready c) Go d) Stay Neutral
Ans :- a) Stop

4) What is the free toll - free emergency number for an Ambulance service?
a) 112 , b) 1098 c) 108 d) 211
Ans:- c) 108

II Fill in the blanks.

1) The white stripes drawn on the road for people to Cross Safely are Called **Zebra Crossing**
2) Green light in traffic Signal Indicates **GO**
3) Vehicles on the road are Controlled and directed by the **Traffic police**
4)people who walk on foot on the Road are **Called pedestrians**
5) A place where four & roads meet is called a **Junction Crossroad**

III Say True or False

1. pedestrians Can Cross the Road anywhere they like (False)
2. Vehicles Must Stop when the red light is ON (True)
3. Traffic Signals helps to prevent accident (True)

4. Green light Indicates 'GO' (True)
5. It is Safe to Cross the Road using a Zebra Crossing. (True)

IV Match the following

1) Zebra Crossing	Controls Traffic ②
2) Traffic police	Near Hospital/School ④
3) School Zone	Cross the road here ①
4) NO Horn	Direction ⑤
5) Left Turn	Go Slowly ③

V Answer the following

1. What Should we observe while Crossing the road?
Ans We Should look right, left and then Cross the road Carefully

2) Which basic rules Should drivers Should Follow on the road?
Ans:- They Should follow Speed limits, Traffic rules and road Signs.

3) Explain the importance of following traffic rules?
Ans:- Traffic rules help maintain discipline and Order on the roads. Following these rules prevents accidents and protects the life of drivers and pedestrians

4) Explain the uses of a footpath for pedestrians?
Ans A Footpath helps pedestrians Walk away from moving Vehicles. It protects their lives and helps them move Safely.

5) Explain the duties of a Traffic police officer?
Ans:- Traffic police Controls road traffic. They enforce traffic rules and help during accidents and traffic jams

6) Explain the dangers and hazards that Can happen when traffic rules are violated?
Ans:- Breaking traffic rules increase theChances of accidents. It may Cause loss of life and property. police May impose fines and even Cancel driving licences